

## VETERANS AND FAMILY SUPPORT



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Veterans & Family Support is the heart of our organization and a Program that every member can and should participate in. When thinking about this Program, one word often comes to mind: UNITY. We are united in our passion for this organization and at our core we are all here for the same purpose, to support our veterans, service members, their families and our communities.

This year we'll be *Banding Together for our Veterans* by offering guidance to our veterans about acquiring VA benefits, working toward higher education with scholarship opportunities and providing helpful resources for when life gets rough.

### **VFW SUPPORT PROGRAMS AND NATIONAL VETERANS SERVICE**

1. We need to help pair our veterans and their family members with VFW Accredited Service Offers.:
2. Help find financial aid for those service members and veterans who are looking to further their education and find a new career path.
3. As Auxiliary members, we are able help provide the comforts of home by adopting a unit and sending care packages to deployed troops.
4. The VFW has financial grants that are available to help with events held by our Auxiliaries and Posts to support and recognize our troops.

### **SUICIDE PREVENTION AND MENTAL HEALTH AWARENESS**

1. Help change the stigma surrounding mental health.
2. Be mindful of the characteristics associated with thoughts of suicide.

### **SPREAD THE WORD ABOUT NATIONAL VETERANS SERVICE (NVS)**

The VFW's National Veterans Service (NVS) helps veterans, service members and their families obtain the benefits they deserve at no cost.

1. Disability compensation
2. Rehabilitation and educational programs
3. Pension and death benefits
4. Employment training programs
5. Hospital care
6. Outpatient care
7. Specialized health care for female veterans

8. Alcohol and drug dependency treatment
9. Medical evaluation for disorders associated with military service, exposure to Agent Orange, radiation or other environmental hazards.

### **NATIONAL PROJECT**

1. Make a donation to the NVS. Checks can be mailed to: VFW National Headquarters, Attn: NVS, 406 W. 34<sup>th</sup> Street, 11<sup>th</sup> floor, Kansas City, MO 64111. (Be sure to send a copy to department)
2. Participate, host or co-host with your VFW Post activities for any VFW program listed below:
  - a. Disaster Relief
  - b. Military Assistance (MAP)
  - c. National Veterans Service (NVS)
  - d. Unmet Needs
  - e. Veterans & Military Suicide Prevention and Mental Health Awareness

### **STATE PROJECT**

1. Make a donation to the Texas VFW Foundation (Unmet Needs). Send your check to department earmarked "Texas VFW Foundation Unmet Needs".
2. Promote Suicide Prevention and Mental Health Awareness.

### **HERO WALK**

Make plans to join in the HERO Walk at Mid-Winter. Honor your Veterans and remember them with your donations. All proceeds will go to the Texas VFW Foundation Unmet Needs.

### **AWARDS**

Plaque to the Auxiliary with the best promotion on Suicide Prevention and Mental Health Awareness. Citation for second and third places.

Plaque to the Auxiliary with the best promotion on spreading the Word about the National Veterans Service (NVS). Citation for second and third places.

Plaque to the Auxiliary with the most contributions to the VFW Supported Programs. Citation for second and third places.

**“Wind Beneath Our Veterans Wings”  
“Banding Together for Our Veterans”**